

Getting My Best

Instructions: Respond to the questions in the Consideration column, by logging your response in the corresponding Preference section.

When complete, move to Step 2 below.

Consideration	Preference
Where do you feel most productive?	
What time of day do you feel most productive?	
Do you generally prefer to work with others or by yourself?	
What kind of work do you enjoy doing? Why?	
What kind of work do you not enjoy doing? Why?	
When getting new information do you prefer to read it, listen to it, talk about it, or try it out?	
Step 2: Based on the information above, combine the results from each "Preference" to write a short description of the most ideal work conditions for you to contribute your value best:	
I contribute the most value when,	